



Project number:
2014-1-RO01-KA105-001212

YOUTH PROJECT

SUMMARY

It is a project of Training and networking of youth workers - Participants Countries for inclusion and socialisation of young people with disabilities. The main objective is to contribute to the integration of young people with disabilities into society, through the exchange of experiences and networking work. This project will bring together NGOs, leaders and social workers accompanying persons in situation of disability, local authorities to create new projects for integration in the social life of young people with disabilities. All those 31 participants from 10 countries participating in the project have identified alarming causes of this situation of exclusion and marginalization of young people with disabilities. The overall objective of the project is to meet new partners, facilitators and European youth workers, to exchange best



practices, to share their experiences in the field of inclusion of young people with disabilities and develop new projects and new initiatives to contribute to the integration and socialisation of young people with disabilities in Romania and in Europe.

Specific objectives:

-Exchange of experiences and good practices related to enhancing youth inclusion and integration of young people with disabilities in Europe

-Providing possibility of youth entertainment as fewer opportunities to present their practices and their organizations to implement application of future partnerships to promote the fight against poverty and marginalization of young people with disabilities

-Creation and development of new projects and partnerships to promote quality inclusion and social integration of youth with disabilities in Romania and Europe

-Familiarizing participants with the Erasmus programme +

Local authorities, non-governmental organizations, informal groups will meet in Romania, Craiova. for 7 days. The activities will be based on non-formal education and intercultural learning methods. In this context, the activities to be carried out are the following: the meeting of knowledge, group dynamics, games, icebreakers and and radiators, seminars, debates, workshops, working groups, assessment activities, technical projects development techniques for analysing problem.

This infopack will give you all the necessary information before coming Romania.

Please read it carefully !!!

PARTNERS

Asociatia Allons-y, Romania

AYAT BOYU OGRENIMI DESTEKLEME DERNEGI, Turkey

PENTHESILEIA, Greece

Fundacja Wspierania Inicjatyw Rozwoju Lokalnego, Poland

JAUNIMO ASOCIACIJA "COFA", Lithuania

Motus Vita, Latvia

NGO Mladezhki glas - Plovdiv, Bulgaria

TDM 2000 MALTA,



Tmelník o.s. / Czech Republic

PRISM Promozione Internazionale Sicilia-Mondo, Italy

PARTICIPANTS

	Promoter	Number of persons	Male	Female
	AYAT BOYU OGRENIMI DESTEKLEME DERNEGI, Turkey	4	2	2
	PENTHESILEIA, Greece	4	2	2
	Fundacja Wspierania Inicjatyw Rozwoju Lokalnego, Poland	3	2	1
	JAUNIMO ASOCIACIJA "COFA", Lithuania	3	1	2
	Motus Vita, Latvia	3	1	2
	NGO Mladezhki glas - Plovdiv, Bulgaria	3	2	1
	TDM 2000 MALTA	3	2	1
	Tmelník o.s. / Czech Republic	3	1	2
	ONESTLA, France	2	1	1
	PRISM Promozione Internazionale Sicilia-Mondo, Italy	3	1	2

The profile of the participants

Participants should be young leaders or youth workers. There is no age limit, but participants should be over 18. One of participants must have under 30 years old.

PROJECT PLACE



CRAIOVA, DOLJ



Craiova is the capital of the region Oltenia in the south west of Romania and capital of Dolj County. Is the 6th largest city in Romania and is situated near the east bank of the river Jiu. It is a longstanding political center, and is located at approximately equal distances from the Southern Carpathians (north) and the River Danube (south). Craiova is the chief commercial city west of Bucharest and the most important city of Oltenia Region



Represent an entire ensemble of artesian wells, vases with verdure and decorative plants, the reorganization of the small park, the relocation of the statue of Mihai Viteazu to a monumental ensemble are just a few examples.

Mihai Viteazu square

For more information about Craiova: <http://en.wikipedia.org/wiki/Craiova>

Accommodation and food:

Project covers 100% of accommodation and food costs



More details on accommodation will be sent soon.

TRAVEL ARRANGEMENTS

Participants are expected to arrive in Craiova, Romania on 29th of January 2015, after 13:00, and to leave Craiova on 4th of February 2015 before 11:00. Organizers will NOT provide any accommodation for additional stay in Romania.

TRAVEL COSTS AND REIMBURSEMENTS

The participants are provided with 100% reimbursement of the travel expenses (but no more than amount from distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_pl.htm), on the basis of the documents stating the costs - meaning boarding cards, electronic tickets (in the case of lack of the cost on the electronic ticket please bring another document with the price stated), train tickets (2nd class, with the price stated), bus tickets (with the price stated). Please send the returning tickets (original, not copies) within 2 weeks after the meeting (until February 20th 2015). Taxi is not eligible mean of transport,

Reimbursement of travel costs will only be done by bank transfer to the sending organization upon presentation the original tickets with boarding passes and receipt/invoices (including return tickets)

!!! Note: Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate stated on the official European Commission web-site at <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

TRAVEL LIMITS

Promoter	Number of person
AYAT BOYU OGRENIMI DESTEKLEME DERNEGI, Turkey	275
PENTHESILEIA, Greece	275
Fundacja Wspierania Inicjatyw Rozwoju	275



Lokalnego, Poland	
JAUNIMO ASOCIACIJA "COFA", Lithuania	275
Motus Vita, Latvia	275
NGO Mladezhki glas - Plovdiv, Bulgaria	180
TDM 2000 MALTA,	275
Tmelník o.s. / Czech Republic	275
ONESTLA, France	275
PRISM Promozione Internazionale Sicilia-Mondo, Italy	275

Indicated prices are per person

After buying the tickets, please inform us about the timing details – we can book a mini-bus to pick you up from the airport and bring you to Craiova (It's 3 hours from Bucharest's airport)

Arriving in Craiova



By plane to Bucharest airport

<http://www.bucharestairports.ro/en>

Before start your journey, get some Romanian money (exchange nearly 30 Euros). You can change it in the airport.



From Otopeni airport to Bucharest gare station

The 780 Express line connects Bucharest Henri Coandă International Airport with the Gara de Nord (main railway station).

The 783 Express line connects Bucharest Henri Coandă International Airport with the city center. This line runs day and night. At night, the bus leaves every 40 minutes.



Airport stops

In front of the Arrivals Terminal and Departures Terminal

Price for one trip is 3,5 lei.

The magnetic card valid for two travels costs 7 lei.

Card desk: In front of the Arrivals Terminal

http://www.ratb.ro/eng/v_bus_expres_eng.php - bus 780



Bucharest gare station – Craiova gare station

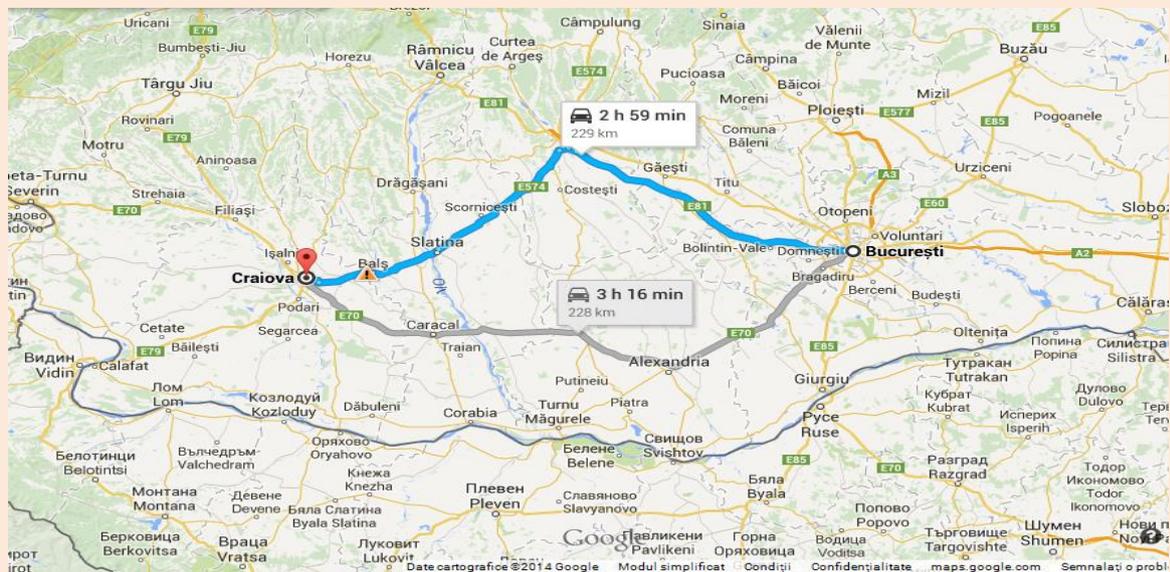
You can reach Craiova by train

Before buying your flight tickets , firstly check the time tables of the trains.

The journey will cost around 60 Ron (nearly 14 euros)

Main station: Bucharest Nord - Craiova

Train schedule: <http://www.cfrcalatori.ro>



Please inform your arriving time in Craiova, that we can pick up from the train station

You have also the possibility to come at Craiova airport but there are only flights operated by Wizz Air

<https://wizzair.com/ro-RO/Flights/Craiova>



IMPORTANT NOTES:

- 1- Do not use taxi, it is not eligible cost.
- 2- Do not use private cars for inland travels.

Preparation

Each country will have their own sessions in the project. They will organize the presentations below. So, each group should prepare the presentations below.

1. Presentation about the country (General informations)
2. If you have any special health condition or special dietary requirements, please inform us before the project
3. We will organize a Ngo FAIR. If you have, please bring materials about your organization.
4. Cultural Night will be organized in the schedule. You should bring traditional foods, drinks and music to represent your country on the Cultural Night. If possible, prepare short, but creative, funny and interesting presentation of your country for the intercultural evening. Feel free to bring any culinary specialty (food or drink) from your country as well.
5. We will make a special night, so choose a character which is representative for you and your culture or a character with a disability (pirate, beauty and the best, Adams family).

PRACTICAL INFORMATION

Average weather conditions in February : Max: **6 C** Min: **-2,40 C**

<http://www.accuweather.com/en/ro/craiova/287856/month/287856?monyr=11/01/2014>

Currency

The Romanian currency is called the Leu (plural "Lei")

1 EURO = 4.43 RON (it is changeable)

<http://www.cursbnr.ro/>

Do not change too much money at the airport where they charge high rates

HEALTH INSURANCE

Health insurance is not provided and will not be reimbursed by the organizers. All participants are required to purchase travel insurance. The European Health Insurance Card is free card that gives you access to medically necessary.

FOOD AND SPECIAL NEEDS

The participants will be provided with three meals – breakfast, lunch, dinner - and there will

be snacks during the coffee breaks between sessions. For any special needs (health problems, diet etc.) please contact us.



Visiting Romania outside of the dates of the project

For those who would like to take the opportunity to visit Romania there is the possibility to stay 2 days after the final day of activities or to come 2 days earlier. If you decide to do so, please confirm before you book the travel tickets. The project will not cover the extra days. All expenses regarding food, accommodation and travel are not supported.

DEADLINES

Selection of participants: 29 December 2014

Buying the tickets: 10 January 2015

Language

Young people start to learn English, but French is widely known by the older generation. You will therefore be understood in French without any problems and in English by the young people. Otherwise, here are some basic phrases in Romanian:

Basic Vocabulary

yes	da
no	nu
Thank you	multumesc
Good morning	Buna ziua
Good evening	Buna seara
Good night	Noapte buna
Goodbye	La revedere
Please	Poftim, Va rog
Cheers	Noroc
How are you?	Ce mai faceti?
It is possible	E posibil
now	acum
How much does it cost?	Cat costa?
Train Station	gara
Ticket	bilet
Bus station	autogara
Mineral water	apa minerala
Where is the street?	Unde e strada?
Is it far?	E departe pana la?

More information

For any additional information contact us:

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